

BROOKLAND-CAYCE SOCCER

2011-2012 INFORMATION

- *Club Soccer Takes Precedent during the Fall season. Players are encouraged to try out for the S.C. Olympic Development Program - <http://www.scysa.org/programs/odp.aspx> - September 13th @ Old Barnwell Road Soccer Complex in West Columbia, 6:30-8:30 pm & October 30th @ Lexington County Soccer Club, 11 am-1 pm.*

Weightroom – Wednesday/Friday – 6:30-7:20 am @ Brookland-Cayce HS

- September: 14, 16, 21, 23, 28, 30
- October: 5, 7, 12, 14, 19, 26, 28

Fall Practice – Monday-Thursday – 4:00-5:20 pm @ Granby Education Center

- November: 1, 2, 3, 7, 8, 9, 10, 14, 15, 16, 17

Winter Conditioning – Monday-Thursday – 4:00-5:30 pm @ Brookland-Cayce HS

- November: 28, 29, 30
- December: 1, 5, 6, 7, 8, 12, 13, 14, 15

Winter Conditioning – Monday/Wednesday/Friday @ BCHS – 4:00-5:30 pm (7th-12th) & Weightroom 5:30-6:30 pm (9th-12th) & Tuesday/Thursday @ Granby Education Center – 4:00-5:30 pm

- January: 3-5; 9-11; 17-19; 23-26

The Plex HS Winter Indoor Leagues

- HS Varsity League – Tuesday/Thursday – Starts December 12th
- HS Junior Varsity League – Saturday/Sunday – Starts December 3rd
 - \$45 per player – must be paid prior to playing on the team - Checks Payable to Brookland-Cayce High School and must include name, phone number, and driver's license number

Spring Tryouts @ Granby Education Center – 7th/8th Graders – 4:15-6:00 pm & 9th/12th Graders – 6:00-8:30 pm

- January 30-February 1
- Team Rosters Posted on February 2nd

Paperwork / Notes

- Athletic Participation Fee – \$75 for students in grades 9-12; \$50 for students in grades 7-8
 - Checks Payable to Brookland-Cayce High School and must include name, phone number, and driver's license number
 - Players will have to pay the fee in order to try out on January 30th
- SCHSL Physical – <http://www.schsl.org/2010%20Forms/Physical%20Form.pdf> – **You must have this completed before you participate in any activity with the ball – i.e. November Fall Practice and January/February Tryouts**
- Athletic Policy, Drug Policy, and Participation Requirements Player & Parent/Guardian Signature Form (*cover sheet only needs to be turned in*)
- All Bearcat Soccer players will wear predominately black cleats for the high school soccer season. Please keep this in mind as you purchase new boots in the coming year.
- Training Gear – Boys Varsity = \$95; Boys JV & B-Team = \$75

